



Vasco da Gama Movement

Annual National Report for Romania

For the attention of the Vasco da Gama Movement Europe Council, June 2017

Basic Information

1. Name of NEC: **Mihai Mara**
2. Do you have a Regional Exchange Coordinator (REC)? **No**
3. Do you receive financial support from your country's GP organization? **Yes, some expenses are covered.**
4. Do you have a National organisation for Family Medicine trainees? Do you have a National organisation for new Family Doctors, i.e. for the first five years after completion of training? If so, what is it called? **We don't have an organisation, we have a group within the National Society of Family Medicine, called tineriMF (=youngGPs), consisting of both trainees and new Family Doctors.**
5. How many members does your organisations for Family Medicine trainees and for new Family Medicine have? **Our young GPs group consists of 600 members.**

6. To the best of your knowledge, approximately how many GP trainees and new GPs in your country are actively involved in VdGM? **Only one actively involved in VdGM, and around 10 others in the national young GPs group.**

National Challenges and Successes

7. Please describe any workshops, presentations, posters, collaborations or other core activities undertaken by your young doctors organisation in the past year.

In October 2016 at the Family Doctors National Congress there was a YoungGP session in which we discussed about the trainees Curriculum, about how and why students choose Family Medicine, and about Family Medicine in Denmark (Engya has been on a Conference Exchange in Copenhagen). In March 2017 at Family Doctors National Conference we had a Young GP session, we talked about "GP Office finances and incomes", "Opportunities for young GPs", "Conference Exchanges" and about "The UK GP office" (Raluca has been in a Hippocrates exchange in UK). In May 2017 we had a VdGM Conference Exchange in Cluj and the Romanian young GPs were involved in organising it. In July there's gonna be a Young GP session at the Family Doctors National Conference in Brasov.

8. What have been the key challenges this year for your young doctors organisation in the past year? If you do not have a national young doctors organisation, please list what you think are the key challenges for young family doctors in your country in general?

One of our youngGPs group challenges is to have regional coordinators for all medical universities cities in Romania. We managed to cover more university cities in the past year, so that's a big win.

Another challenge was to find a new National Coordinator for our group since Raluca decided to step down. There was a national selection and we found the right person, Engya Jakab.

One big challenge for us was organizing the VdGM conference Exchange in Cluj, in May 2017. We had to mobilize people, and to get them involved both for the planning and for the week of the exchange (including for the social program).

9. What have been the key successes this year for your young doctors organisation in the past year? If you do not have a national young doctors organisation, please list what you think are the key successes for young family doctors in your country in general?

The Young GPs sessions at the national conferences, the VdGM Conference Exchange in Cluj, and finding new regional and national coordinators for the group.

VdGM

10. Please list the top 3 ways in which you believe VdGM could improve: **A better track of the Exchanges. There are times when an exchange is only announced on whatsapp or only via email and not on the official vdgM website.**

11. Please give suggestions how we can make Council meetings productive and enjoyable. **I liked the way it was held last year in Copenhagen. Very dynamic. Also a timetable would be useful, and sticking to it, controlling the discussions and not allowing too many side-talks.**

12. Can you suggest one specific measure / intervention you think would be most likely to get GP trainees and new GPs in your country involved in both your national organisation and / or VdGM. **We want them to join us because they want to , because they think we are worthy of their attention (and not because someone else forced them to), and that means we have to work harder and to be present everywhere in order to attract young Family Doctors. That is why In Romania we try to have a Young GP session at our national conferences. We keep telling them that the national organisation and VdGM are a very good chance to meet other people, exchange ideas and work in projects, and that each member is valuable. As the song goes: Don't stop believing!**